

# Under what conditions do quantum systems thermalize?

Christian Gogolin

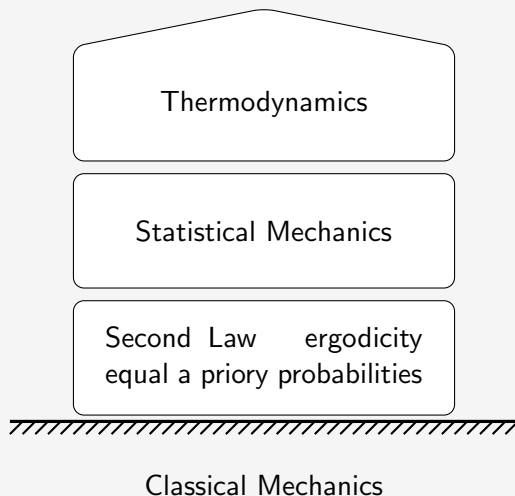
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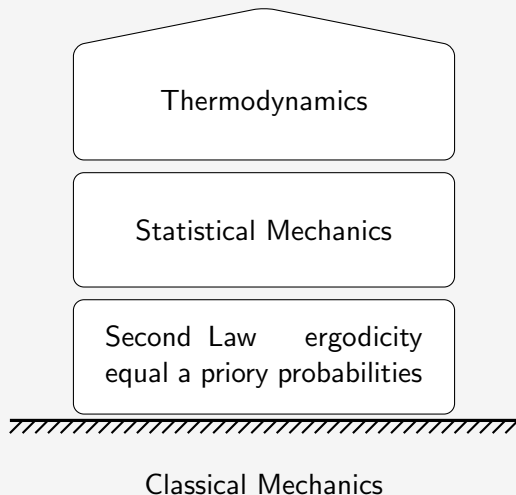
2011-06-07 Garching

# Motivation

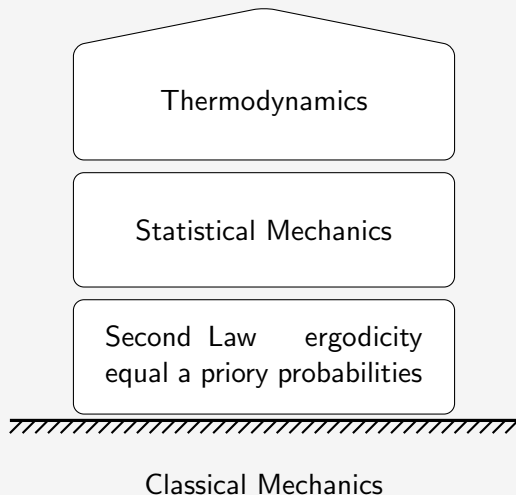
# New foundation for statistical mechanics



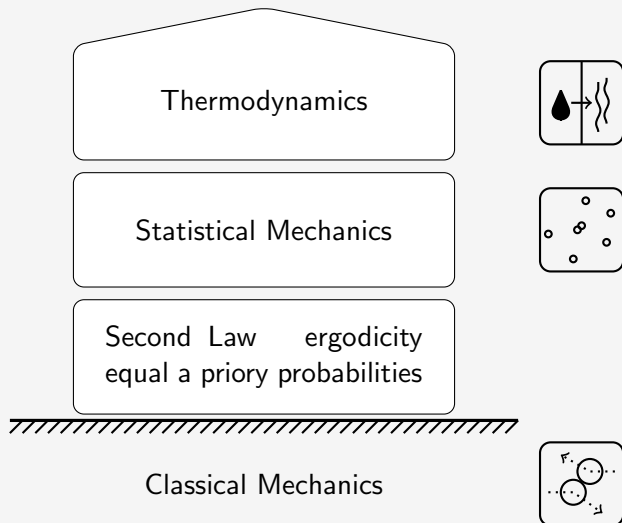
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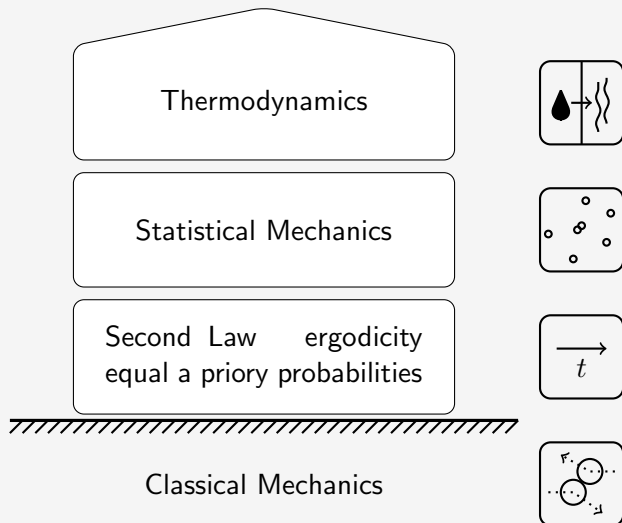
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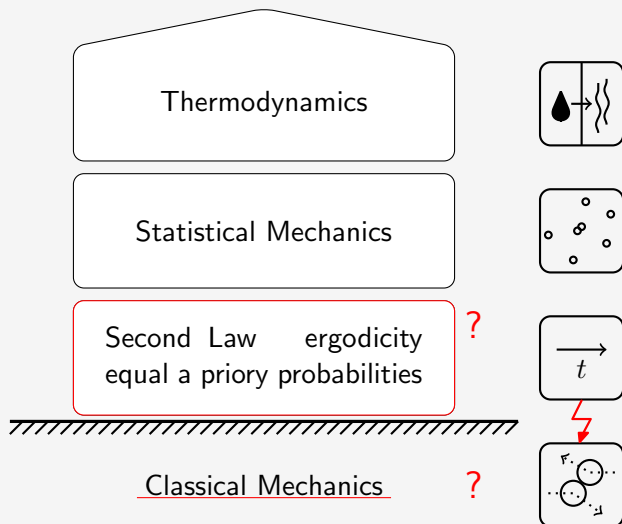
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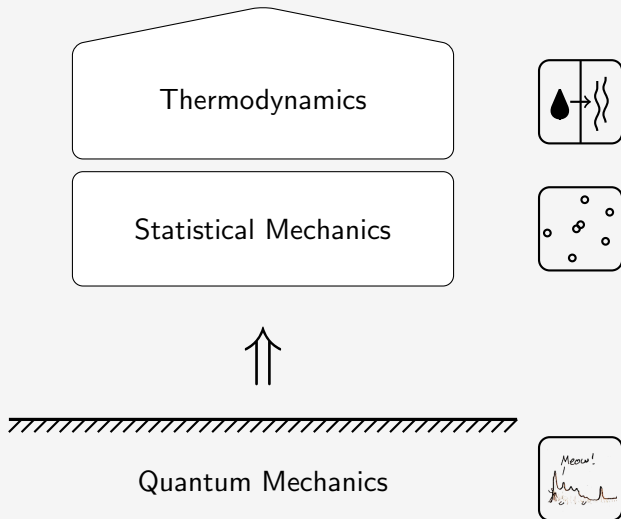
Thermodynamics



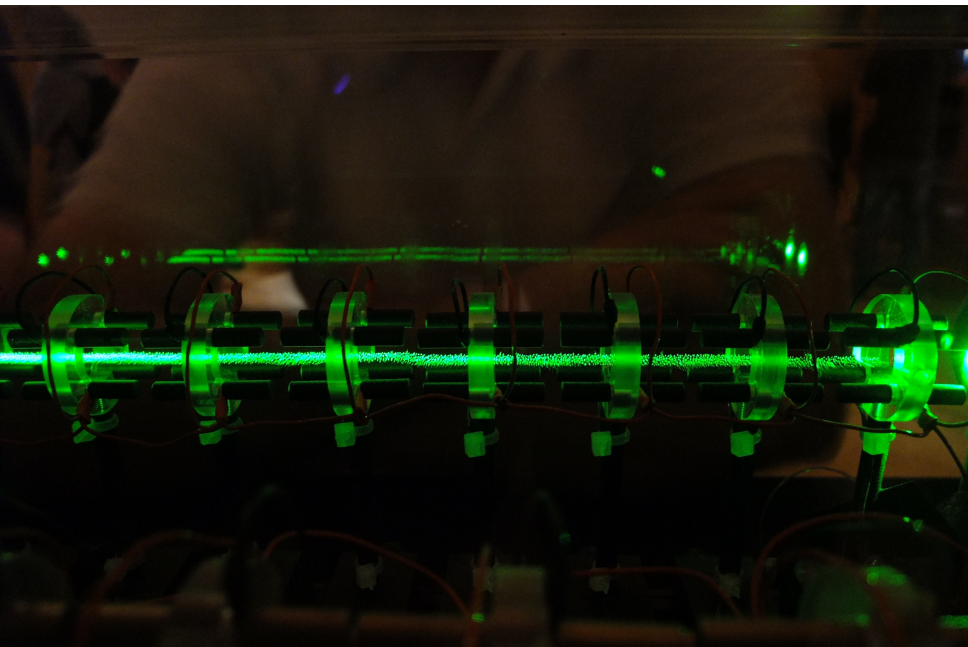
Statistical Mechanics



# New foundation for statistical mechanics



# Ultra cold quantum gases



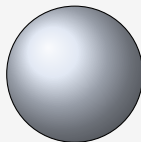
# Setup

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System,  $\mathcal{H}_S, \mathcal{H}_S$   
 $d_S = \dim(\mathcal{H}_S)$



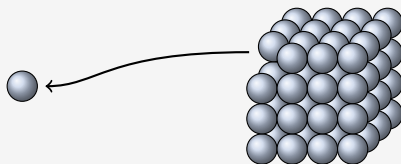
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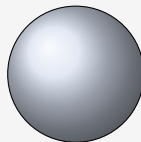


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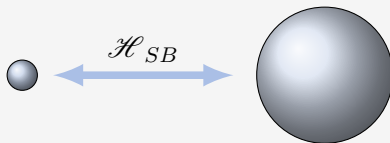
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$$\mathcal{H} = \mathcal{H}_S \otimes \mathbb{1} + \mathbb{1} \otimes \mathcal{H}_B + \mathcal{H}_{SB}$$

$$\frac{d\psi_t}{dt} = \mathrm{i} [\psi_t, \mathcal{H}]$$



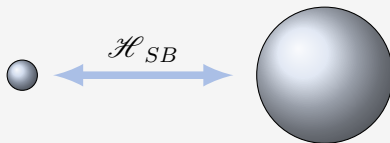
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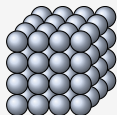


$$\psi_t^S = \text{Tr}_B[\psi_t]$$

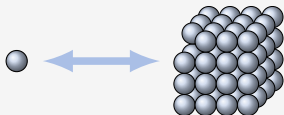
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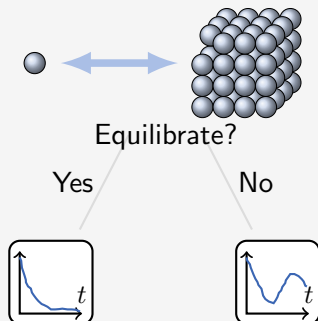
# Understanding thermalization



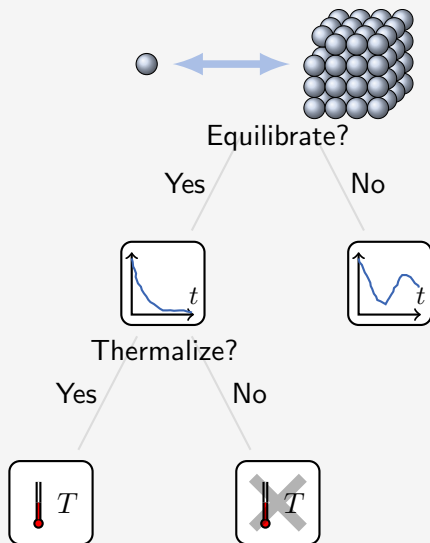
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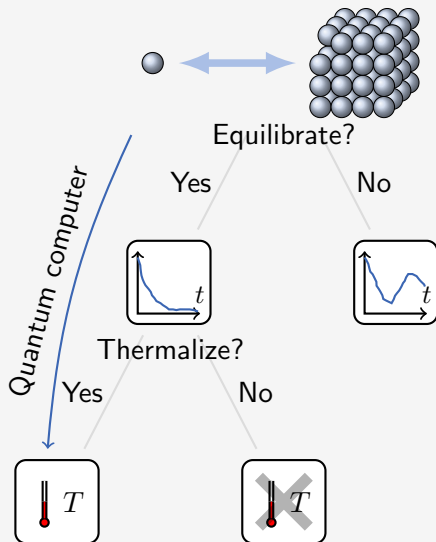
# Understanding thermalization



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# Equilibration

# Equilibration

## Theorem 1 (Equilibration [1])

If  $\mathcal{H}$  has *non-degenerate energy gaps*, then for every  $\psi_0 = |\psi_0\rangle\langle\psi_0|$  there exists a  $\omega^S$  such that:

$$\overline{\mathcal{D}(\psi_t^S, \omega^S)} \leq \frac{1}{2} \sqrt{\frac{d_S^2}{d^{\text{eff}}}}.$$



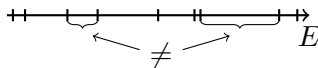
# Equilibration

## Non-degenerate energy gaps

$\mathcal{H}$  has non-degenerate energy gaps iff:

$$E_k - E_l = E_m - E_n$$

$$\implies k = l \wedge m = n \quad \vee \quad k = m \wedge l = n$$



Intuition: Sufficient for  $\mathcal{H}$  to be fully interactive

$$\mathcal{H} \neq \mathcal{H}_1 \otimes \mathbb{1} + \mathbb{1} \otimes \mathcal{H}_2$$

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If  $\mathcal{H}$  has  
there exists

Effective dimension

$$d^{\text{eff}} = \frac{1}{\sum_k |\langle E_k | \psi_0 \rangle|^4}.$$

Intuition: Dimension of supporting energy subspace

$\langle \psi_0 |$

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$$\overline{\mathcal{D}(\psi_t^S, \omega^S)} \leq \frac{1}{2} \sqrt{\frac{d_S^2}{d^{\text{eff}}}}.$$

$\implies$  If  $d^{\text{eff}} \gg d_S^2$  then  $\psi_t^S$  *equilibrates*.

# Maximum entropy principle

## Theorem 2 (Maximum entropy principle [2])

If  $\text{Tr}[A \psi_t]$  equilibrates, it *equilibrates towards its time average*

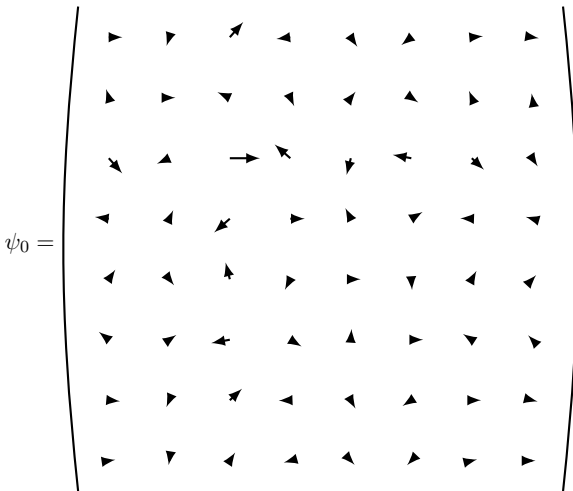
$$\overline{\text{Tr}[A \psi_t]} = \text{Tr}[A \overline{\psi_t}] = \text{Tr}[A \omega],$$

and

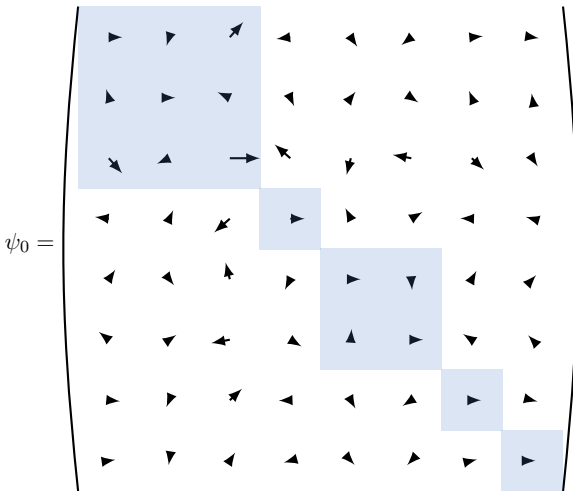
$$\omega = \sum_k \pi_k \psi_0 \pi_k$$

(with  $\pi_k$  the energy eigen projectors) is the *dephased* state that *maximizes the von Neumann entropy, given all conserved quantities.*

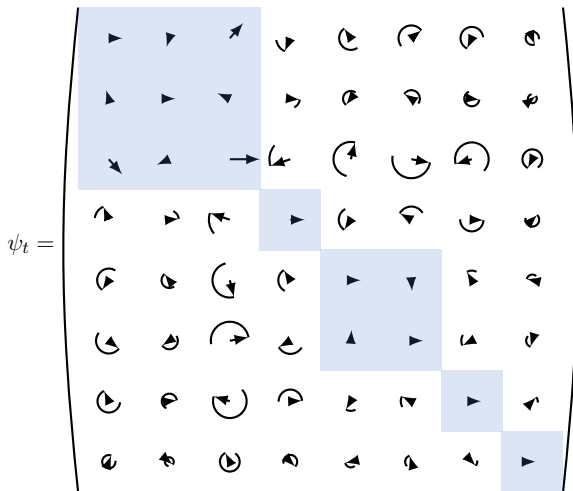
## Time averaging



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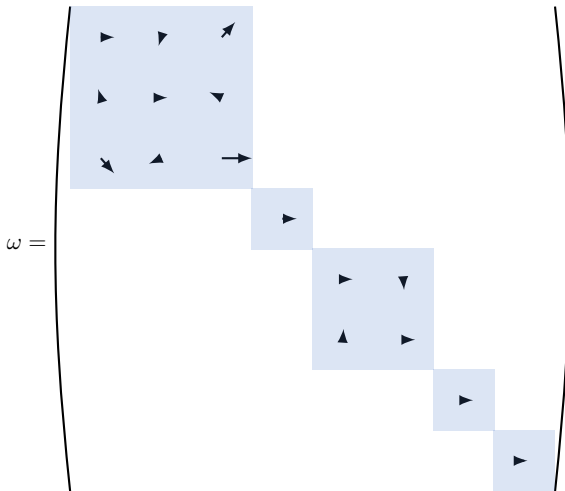


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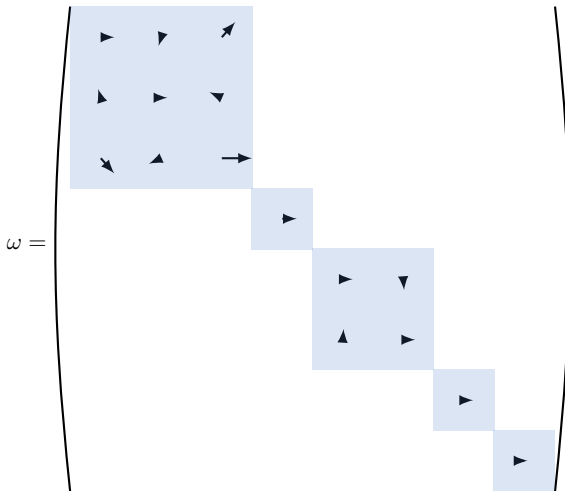




## Time averaging



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$\psi_0 \rightarrow \omega$  is a pinching  $\Rightarrow \omega$  maximizes entropy.

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If  $\text{Tr}[A \psi_t]$  equilibrates, it *equilibrates towards its time average*

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⇒ Maximum entropy principle from pure quantum dynamics.

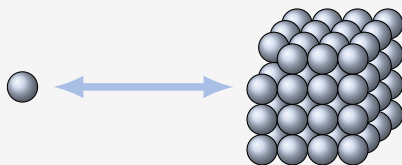
Proves a conjecture from the condensed matter literature from 2007.

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[2] C. Gogolin, M. P. Mueller, and J. Eisert, PRL 106 (2011) 040401

## Thermalization and realistic weak coupling

# Thermalization is a complicated process



Thermalization implies:

- 1 Equilibration [1]
- 2 Subsystem initial state independence [2]
- 3 Weak bath state dependence [3]
- 4 Diagonal form of the subsystem equilibrium state [4]
- 5 Gibbs state  $\omega^S = \text{Tr}_B[\omega] \approx e^{-\beta \mathcal{H}^S}$  [3]

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[1] N. Linden, S. Popescu, A. J. Short, and A. Winter, PRE 79 (2009) no. 6, 061103

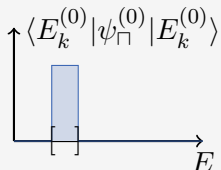
[2] C. Gogolin, M. P. Mueller, and J. Eisert, PRL 106 (2011) 040401

[3] A. Riera, C. Gogolin, and J. Eisert, 1102.2389

[4] C. Gogolin, PRE 81 (2010) no. 5, 051127

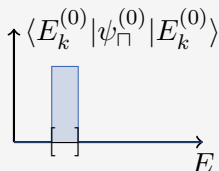
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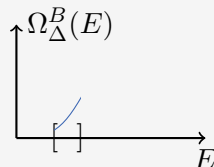
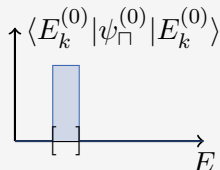


Well known fact [5]:

$$\omega_{\square}^{S(0)} \overset{\text{no coupling}}{\downarrow} \propto \sum_k \overset{\# \text{ bath states in } [E - E_k^S, E - E_k^S + \Delta]}{\Omega_{\Delta}^B(E - E_k^S)} |E_k^S\rangle \langle E_k^S|$$

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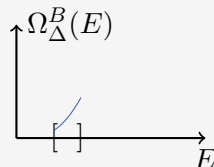
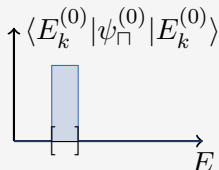
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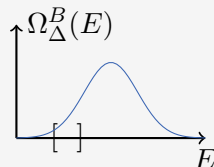
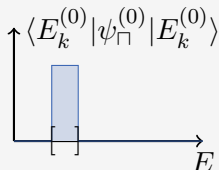


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$$\begin{array}{c}
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 \downarrow \qquad \qquad \qquad \nwarrow \\
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 \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \uparrow \\
 \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \text{exponentially dense spectrum}
 \end{array}$$

## Perturbative coupling $\| \mathcal{H}_{SB} \|_{\infty} < \text{gaps}(\mathcal{H}_0) \dots$

- ... is **unrealistic** as the spectrum of  $\mathcal{H}_0$  becomes **exponentially dense**.

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perturbative coupling

$\Downarrow$  [2]

effective entanglement in the eigenbasis  $R(\psi_0)$  is small

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absence of initial state independence.

$$\mathcal{D}(\omega^{S(1)}, \omega^{S(2)}) \geq \mathcal{D}(\psi_0^{S(1)}, \psi_0^{S(2)}) - R(\psi_0^{S(1)}) - R(\psi_0^{S(2)})$$

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## Effective entanglement in the eigenbasis

$$R(\psi_0) = \sum_k |\langle E_k | \psi_0 \rangle|^2 \mathcal{D}(\text{Tr}_B |E_k\rangle \langle E_k|, \psi_0^S)$$

Measures **how entangled the eigenbasis** feels for the given initial state.

$$\mathcal{D}(\omega^{S(1)}, \omega^{S(2)}) \geq \mathcal{D}(\psi_0^{S(1)}, \psi_0^{S(2)}) - R(\psi_0^{S(1)}) - R(\psi_0^{S(2)})$$

# Perturbative coupling $\|\mathcal{H}_{SB}\|_{\infty} < \text{gaps}(\mathcal{H}_0) \dots$

- ... is
- ... pro

## Theorem 3 (Entanglement in eigenbasis)

For every orthonormal basis  $\{|i\rangle\}$  for  $S$  and every *initial product state* with  $\psi_0 = |j\rangle\langle j| \otimes \phi_0^B$ , the *effective entanglement in the eigenbasis* (for non-degenerate  $\mathcal{H}$ ) is on average upper bounded by

$$\mathbb{E}_{\phi_0^B} R(|j\rangle\langle j| \otimes \phi_0^B) \leq 2 \delta d_S,$$

where

$$\delta = \max_k \min_i \mathcal{D}(\text{Tr}_B |E_k\rangle\langle E_k|, |i\rangle\langle i|)$$

is the *geometric measure of entanglement* of the eigenstate  $|E_k\rangle$  with respect to the basis  $\{|i\rangle\}$ .

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$\Rightarrow$  Refutes wide spread belief that “non-integrable models thermalize.”

# Realistic weak coupling

- Naive perturbation theory fails.
- Realistic weak coupling:  $\text{gaps}(\mathcal{H}_0) \ll \|\mathcal{H}_{SB}\|_\infty \ll \Delta$



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## Theorem 4 (Corollary of a theorem from [3])

If  $\|\mathcal{H}_{SB}\|_\infty \ll \Delta$  the dephased states  $\omega_\square^{S(0)}$  and  $\omega_\square^S$  are *close to each other* in the sense that

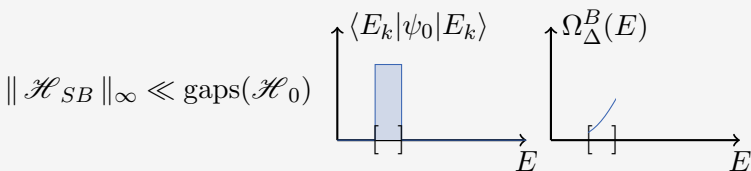
$$\mathcal{D}(\omega_\square^S, \omega_\square^{S(0)}) \lesssim 3\sqrt{\frac{\|\mathcal{H}_{SB}\|_\infty}{2\Delta}}.$$

## Putting everything together

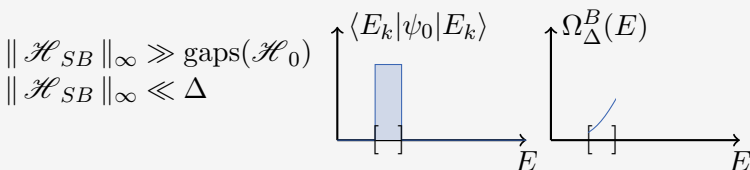
# Consequences

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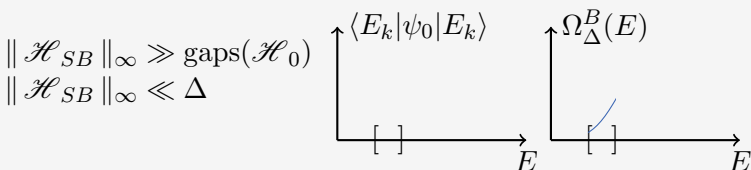
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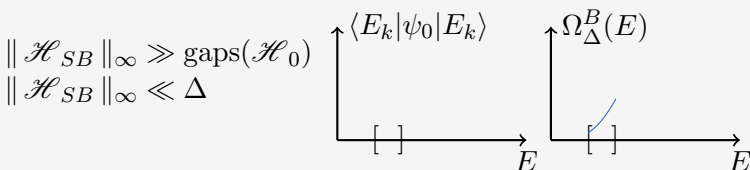
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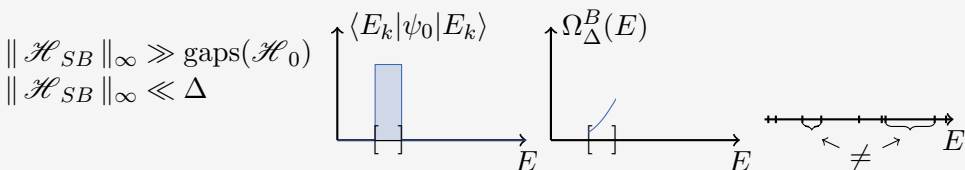
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$\Rightarrow$  “Theorem” 5 (Theorem 2 in [3])

(Kinematic) Almost all pure states from a microcanonical subspace  $[E, E + \Delta]$  are locally close to a Gibbs state.

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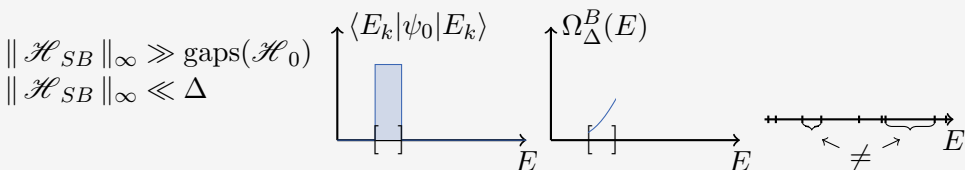


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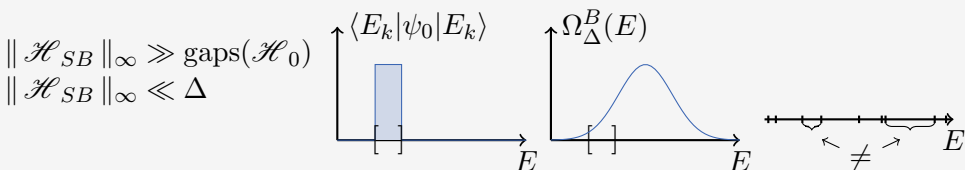


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(Dynamic) All initial states  $\psi_{\square,0}$  locally equilibrate towards a Gibbs state, even if they are initially far from equilibrium.

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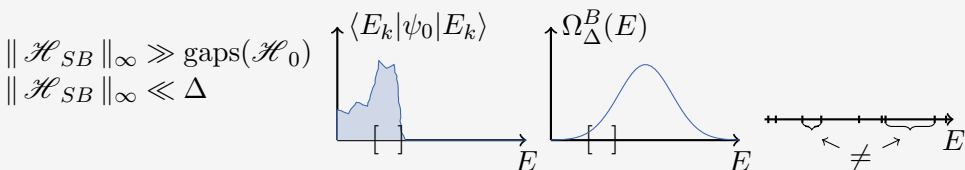


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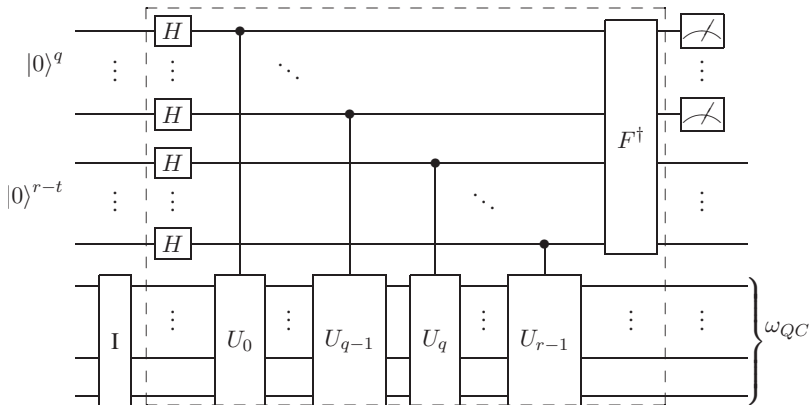
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# A quantum algorithm for Gibbs state preparation

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## Quantum circuit



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Quantum circuit

- No detailed knowledge about  $\mathcal{H}_S$  is required.

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- Complexity for fixed trace distance error:
  - polynomially many ancilla qubits
  - exponential runtime ( $\Omega(\exp(\text{gap}(\mathcal{H}_S)\beta))$  is necessary)

$\omega_{QC}$

## Outlook

## And there is more. . .

What I didn't talk about:

- Thermalization in [exactly solvable models](#) [6, 7]
- A strong connection to [decoherence](#) [4]
- [Measure concentration](#) [8, 1, 9, 10]

The major open question:

- [Time scales](#). How long does it take to equilibrate/thermalize/decohere?

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## Thank you for your attention!

→ slides: [www.cgogolin.de](http://www.cgogolin.de)

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