

Equilibration and thermalization in quantum systems

Christian Gogolin

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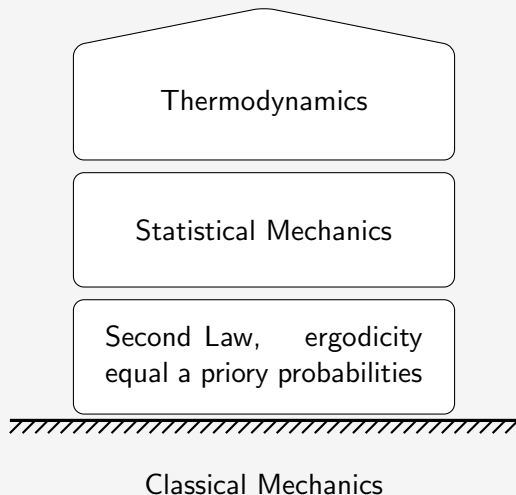
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Old questions and new results

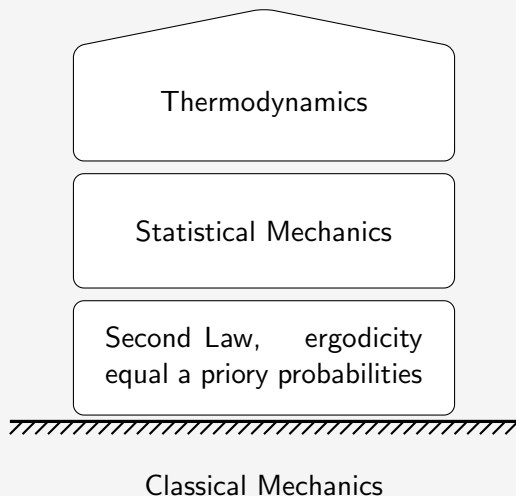
How do quantum mechanics and statistical mechanics go together?



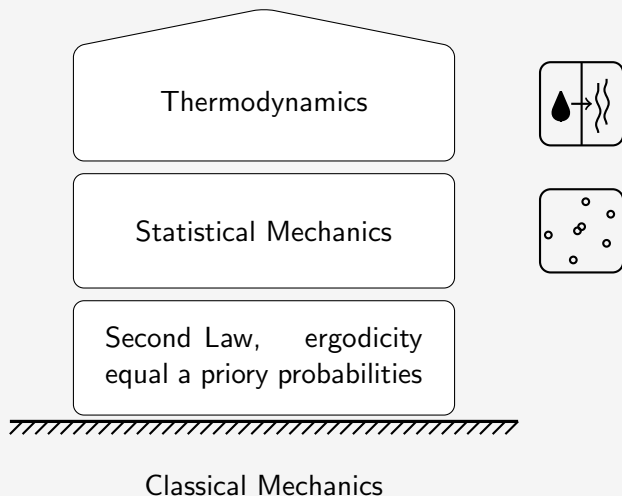
New foundation for statistical mechanics



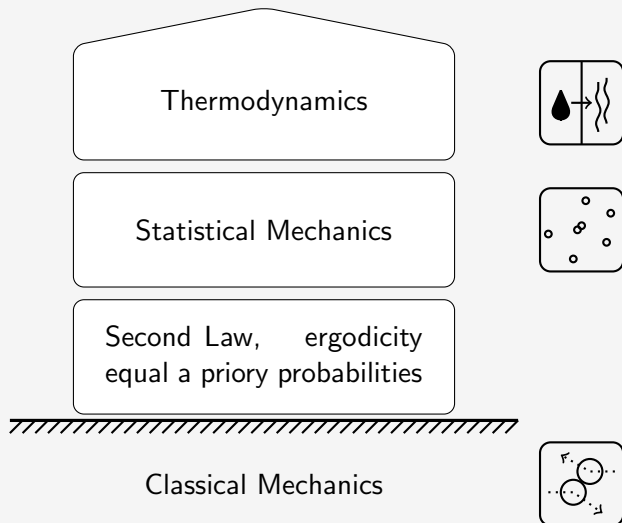
New foundation for statistical mechanics



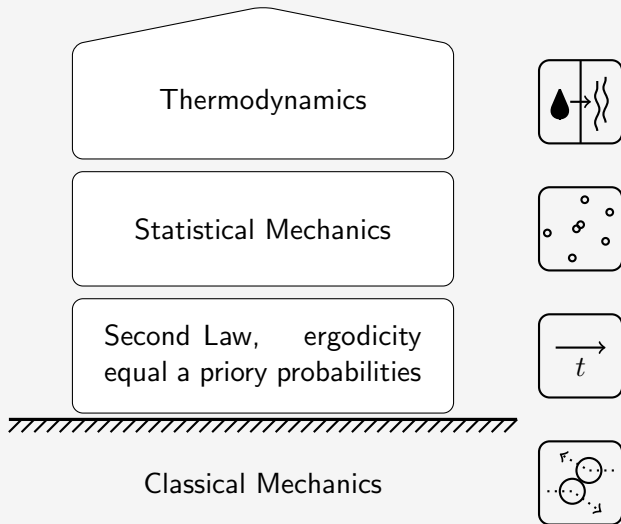
New foundation for statistical mechanics



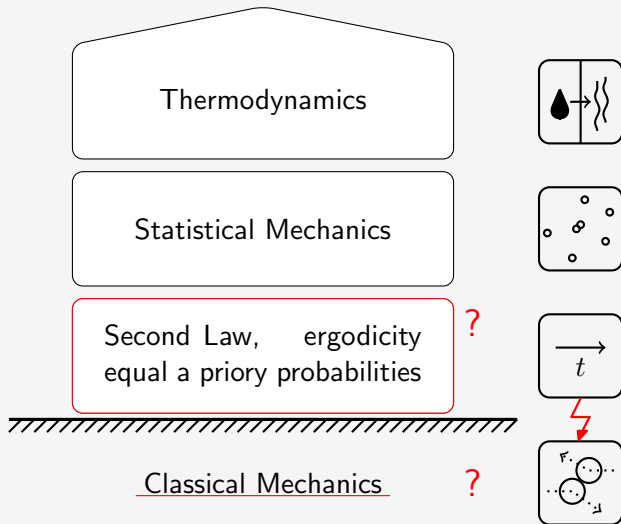
New foundation for statistical mechanics



New foundation for statistical mechanics



New foundation for statistical mechanics



New foundation for statistical mechanics

*“There is **no line of argument** proceeding from the laws of microscopic mechanics to macroscopic phenomena that is generally regarded by physicists as **convincing in all respects**.”*

— E. T. Jaynes [1] (1957)

*“Statistical physics [...] has **not yet developed** a set of generally **accepted formal axioms** [...]”*

— Jos Uffink [2] (2006)

Classical mechanics

!



New foundation for statistical mechanics

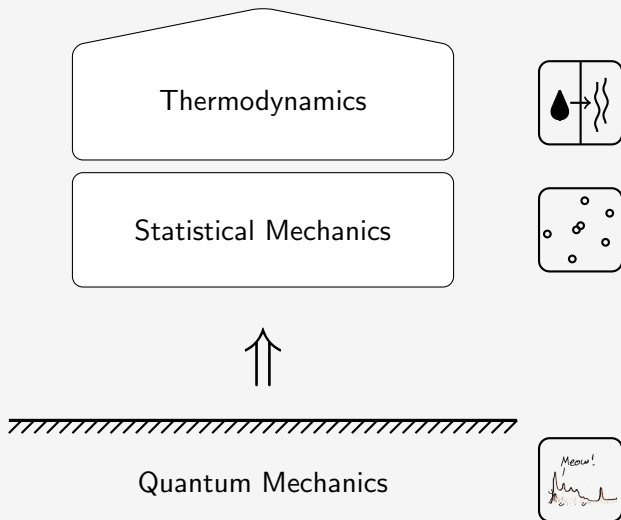
Thermodynamics



Statistical Mechanics



New foundation for statistical mechanics



Recent experiments

Science 337, 1318 (2012):

Relaxation and Prethermalization in an Isolated Quantum System

M. Grims^{1,2}, M. Kuhnert¹, T. Langen¹, T. Kitagawa², B. Rauer¹, M. Schreit¹, I. Mazets^{1,2}, D. A. Smith¹, E. Demler¹, J. Schmiedmayer^{1,2,3,4}

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Science Center for Quantum Science and Technology, Beijing, China

LETTERS

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nature
physics

Local emergence of thermal correlations in an isolated quantum many-body system

T. Langen^{*}, R. Geiger, M. Kuhnert, B. Rauer and J. Schmiedmayer^{*}

Understanding the dynamics of isolated quantum many-body systems is a central open problem at the intersection between statistical physics and quantum physics. Despite important theoretical effort, no generic framework exists yet to understand when and how an isolated quantum system

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LETTER

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Light-cone-like spreading of correlations in a quantum many-body system

Marc Cheneau¹, Peter Barmann², Daniel Poletti¹, Margard Endres¹, Peter Schaffel¹, Takeshi Fukuhara¹, Christian Gross¹, Immanuel Bloch¹, Corinna Kohler¹ & Stefan Kuhr^{1,2}

In relativistic quantum field theory, information propagation is bounded by the speed of light. No such limit exists in the non-relativistic case, although in real physical systems, short-range interactions may be expected to restrict the propagation of information to finite velocities. The question of how fast correlations can spread in quantum many-body systems has been long studied¹. The existence of a maximal velocity, known as the Lieb–Robinson bound, has been shown theoretically to exist in several different many-body systems (for example, spins on a lattice)^{2–7}—such systems can be regarded as interacting with an effective light cone that bounds the propagation speed of correlations. The existence of such a ‘speed of light’ has profound implications for condensed-matter physics and quantum information, but has not been observed experimentally. Here we report the time-resolved detection of propagating correlations in an interacting quantum many-body system. By quenching a one-dimensional quantum gas in an optical lattice, we reveal how quasiparticle pairs transport correlations with a finite velocity across the system, resulting in an effective light cone for the quantum dynamics. Our results open perspectives for understanding the relaxation of closed quantum systems far from equilibrium⁸, and for engineering the efficient quantum channels necessary for fast quantum computations⁹.

Lieb–Robinson bounds have already found a number of fundamental applications^{10–12}. For example, they enable a rigorous proof of a long-standing conjecture that linked the presence of a spectral gap in a lattice system to the exponential decay of correlations in the ground state^{13,14}. They also provide fundamental scaling laws for entanglement entropy, which is an indicator of the computational cost of simulating strongly interacting systems¹⁵. Despite intensive theoretical work, the extent to which Lieb–Robinson bounds for interacting spins on a lattice can be generalized remains however an open question^{16–17}.

In the context of quantum many-body systems, the existence of a Lieb–Robinson bound can be probed by recording the dynamics following a sudden parameter change (quench) in the Hamiltonian. In that case, a simple picture has been suggested: quantum-entangled quasiparticle energy from the initially highly excited state and propagate ballistically, carrying correlations across the system. Ultracold atomic gases offer an ideal test bed for exploring such quantum dynamics owing to their almost perfect decoupling from the environment and their fast tunability¹⁸. In addition, the recently demonstrated techniques of single-site imaging in optical lattices^{19–21}

the one-dimensional geometry considered here, the critical point transition is located at $(U/J)_c \approx 3.4$ (ref. 22). We observed the evolution of spatial correlations after a fast decrease of the effective interaction strength U/J from an initial value deep in the Mott insulating regime, with filling $\nu = 1$, to a final value close to the critical point (Fig. 1a). After such a quench, the initial many-body state $|\Psi_0\rangle$, highly excited and acts as a source of quasiparticles. In order to elucidate the nature and the dynamics of these quasiparticles, we have developed an analytical model in which the occupancy of each lattice site is restricted to $n = 0, 1$ or 2 (Supplementary Information). If large interaction strengths, the quasiparticles consist of either an excitation (‘doublon’) or a hole (‘holon’) on top of the nearly filling band ground state. The quasiparticles inherit the bosonic nature of the atoms, but they can be turned into fermions (fermionized) using a Jordan–Wigner transformation. This allows us to partially circumvent the non-physical states in which a lattice site would be occupied by two quasiparticles. To first order in U/J , we then find that the many-body state at time t after the quench reads:

$$|\Psi(t)\rangle = |\Psi_0\rangle + i\frac{J}{\hbar} \sum_{i,j} \sin(k_{ij}t) [1 - (-1)^{n_i+n_j}] \psi_i^\dagger \psi_j^\dagger |\Psi_0\rangle$$

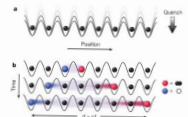


Figure 1 | Evolution of spatial correlations. (a) Schematic of a 1D chain with a quench at $t=0$. (b) Plot of correlation function $C(r,t)$ vs position r and time t , showing a light-cone-like spreading of correlations.

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Probing the relaxation towards equilibrium in an isolated strongly correlated one-dimensional Bose gas

S. Trotzky^{1,2,3}, Y.-A. Chen^{1,2,3}, A. Flesch^{4,*}, I. P. McCulloch⁵, U. Schollwöck^{1,6}, J. Eisert^{4,2,8} and I. Bloch^{1,2,3}

The problem of how complex quantum systems eventually come to rest lies at the heart of statistical mechanics. The maximum-entropy principle describes which quantum states can be expected in equilibrium, but not how closed quantum many-body systems dynamically equilibrate. Here, we report the experimental observation of the non-equilibrium dynamics of a density wave of ultracold bosonic atoms in an optical lattice in the regime of strong correlations. Using an optical superlattice, we follow the dynamics of terms of quasi-local densities, currents and coherences—all showing a fast relaxation towards equilibrium values. Numerical calculations based on matrix-product states are in an excellent quantitative agreement with the experimental data. The system fulfils the promise of being a dynamical quantum simulator, in that the controlled dynamics runs for longer times than present classical algorithms can keep track of.

Ultracold atoms in optical lattices provide highly controllable quantum systems allowing one to experimentally probe various quantum many-body phenomena. In this way, ground-state properties of Hamiltonians that play a fundamental role in the condensed-matter context have been investigated under precisely tunable conditions^{1–3}. Features that are even harder to probe in actual condensed-matter materials or to simulate in numerical studies are dynamical ones, including dynamical properties emerging in adiabatic sweeps⁴ and in systems far from equilibrium^{5–7}. In this respect, for example, the quench from a shallow to a deep optical lattice^{8–12} and the phase dynamics emerging after splitting a one-dimensional Bose liquid^{13–15} have previously been studied experimentally.

Here, we report on the direct observation of relaxation dynamics in an interacting many-body system using ultracold atoms in an optical lattice. Starting with a patterned density with alternating empty and occupied sites in isolated Hubbard

see refs [15,16 and references therein] of the Hamiltonian dynamics without free parameters, further developing the ideas of previous numerical studies^{17,18}.

Concept of the experiments

We consider a one-dimensional chain of lattice sites coupled by a tunnel coupling J and filled with repulsively interacting bosonic particles. In the tight-binding approximation, the Hamiltonian takes the form of a one-dimensional Bose–Hubbard model¹⁹:

$$\hat{H} = \sum_j \left[-J (\hat{a}_{j+1}^\dagger + \hat{a}_j) + \frac{U}{2} \hat{a}_j^\dagger (\hat{n}_j - 1) + \frac{K}{2} \hat{a}_j^\dagger \right]$$

where \hat{a}_j^\dagger (\hat{a}_j) annihilates (creates) a particle on site j , $\hat{a}_j^\dagger \hat{a}_j = \hat{n}_j$ reflects the number of atoms on site j and U is the on-site interaction energy. The parameter $K = m a^2 \hbar^2 / (n)$ is the particle mass m (the lattice spacing) describes an external harmonic trap with trapping

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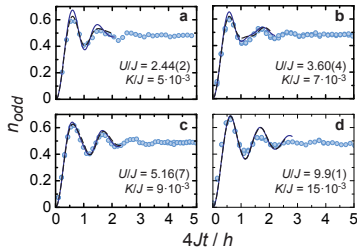
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Probing the relaxation towards equilibrium in an isolated strongly correlated one-dimensional system



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Here, we report on the direct observation of relaxation dynamics in an interacting many-body system using ultracold atoms in an optical lattice. Starting with a patterned density with alternating empty and occupied sites in isolated Hubbard

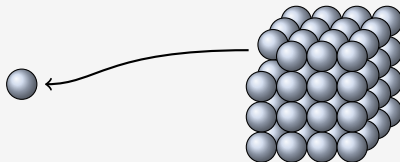
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Mindset

Setting

Subsystem, H_S
 d_S

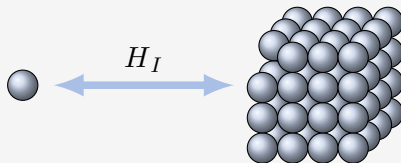
Bath, H_B
 $d_B \gg d_S$



Setting

Subsystem, H_S
 d_S

Bath, H_B
 $d_B \gg d_S$



Setting

$$H = H_S + H_B + H_I$$

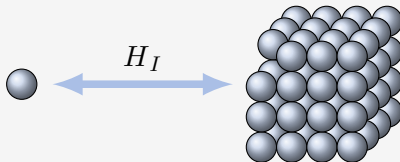
$$\rho(t) = |\psi(t)\rangle\langle\psi(t)|$$

Subsystem, H_S

$$d_S$$

Bath, H_B

$$d_B \gg d_S$$



$$\rho^S(t) = \text{Tr}_B[\rho(t)]$$

Equilibration

Equilibration

Theorem (Equilibration on average [9])

If H has **non-degenerate energy gaps**, then for every $\rho(0) = |\psi_0\rangle\langle\psi_0|$ there exists a ω^S such that:

$$\overline{\mathcal{D}(\rho^S(t), \omega^S)} \leq \frac{1}{2} \sqrt{\frac{d_S^2}{d^{\text{eff}}}}$$

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- [7] M. Cramer, C. M. Dawson, J. Eisert, and T. J. Osborne, Physical Review Letters, 100.3 (2008), 30602
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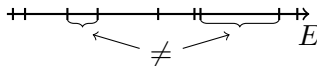
Equilibration

Non-degenerate energy gaps

H has non-degenerate energy gaps iff:

$$E_k - E_l = E_m - E_n$$

$$\implies k = l \wedge m = n \quad \vee \quad k = m \wedge l = n$$



Intuition: Sufficient for H to be fully interactive

$$H \neq H_1 \otimes \mathbb{1} + \mathbb{1} \otimes H_2$$

[7] M. Cramer, C.

[8] P. Reimann, *Physical Review Letters*, 2012 (2009), 120405

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Theorem (Equilibration on average [9])

If H has **non-degenerate energy gaps**, then for every $\rho(0) = |\psi_0\rangle\langle\psi_0|$ there exists an **Effective dimension**

$$d^{\text{eff}} = \frac{1}{\sum_k |\langle E_k | \psi_0 \rangle|^4}$$

Intuition: **Dimension** of **supporting** energy **subspace**

-
- [7] M. Cramer, C. M. Dawson, J. Eisert, and T. J. Osborne, Physical Review Letters, 100.3 (2008), 30602
 - [8] P. Reimann, Physical Review Letters, 101.19 (2008), 190403
 - [9] N. Linden, S. Popescu, A. Short, and A. Winter, Physical Review E, 79.6 (2009), 61103
 - [10] A. J. Short and T. C. Farrelly, New Journal of Physics, 14.1 (2012), 013063
 - [11] P. Reimann and M. Kastner, New Journal of Physics, 14.4 (2012), 043020

Equilibration

Theorem (Equilibration on average [9])

If H has **non-degenerate energy gaps**, then for every $\rho(0) = |\psi_0\rangle\langle\psi_0|$ there exists a ω^S such that:

$$\overline{\mathcal{D}(\rho^S(t), \omega^S)} \leq \frac{1}{2} \sqrt{\frac{d_S^2}{d^{\text{eff}}}}$$

\implies If $d^{\text{eff}} \gg d_S^2$ then $\rho^S(t)$ **equilibrates on average**.

[7] M. Cramer, C. M. Dawson, J. Eisert, and T. J. Osborne, Physical Review Letters, 100.3 (2008), 30602

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Own contributions

Papers published during this doctorate

- C. Gogolin, Physical Review E, 81.5 (2010), 051127
- P. Janotta, C. Gogolin, J. Barrett, and N. Brunner, New Journal of Physics, 13 (2010)
- C. Gogolin, M. P. Müller, and J. Eisert, Physical Review Letters, 106.4 (2011), 40401
- H. Hinrichsen, C. Gogolin, and P. Janotta, Journal of Physics: Conference Series, 297 (2011), 012011
- M. Kliesch, T. Barthel, C. Gogolin, M. Kastoryano, and J. Eisert, Physical Review Letters, 107.12 (2011), 120501
- A. Riera, C. Gogolin, and J. Eisert, Physical Review Letters, 108.8 (2012), 080402
- J. Eisert, M. P. Müller, and C. Gogolin, Physical Review Letters, 108.26 (2012), 260501
- M. Kliesch, C. Gogolin, and J. Eisert (2013), arXiv: 1306.0716 (book chapter)
- C. Gogolin, M. Kliesch, L. Aolita, and J. Eisert (2013), arXiv: 1306.3995
- R. Steinigeweg, A. Khodja, H. Niemeyer, C. Gogolin, and J. Gemmer, Physical Review Letters, 112.13 (2014), 130403
- M. Kliesch, C. Gogolin, M. J. Kastoryano, A. Riera, and J. Eisert (2013), arXiv: 1309.0816 (accepted in PRX)

Papers published during this doctorate

- C. Gogolin, P. Janotta, and J. Eisert, **1 Maximum entropy principle**, New Journal of Physics, 13 (2010)
- P. Janotta, C. Gogolin, J. Barrett, and J. Eisert, New Journal of Physics, 13 (2010)
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3 Locality of temperature

1 Maximum entropy principle

Maximum entropy principle

Theorem (Maximum entropy principle [14])

If $\text{Tr}[A \rho(t)]$ equilibrates on average, it equilibrates towards its time average

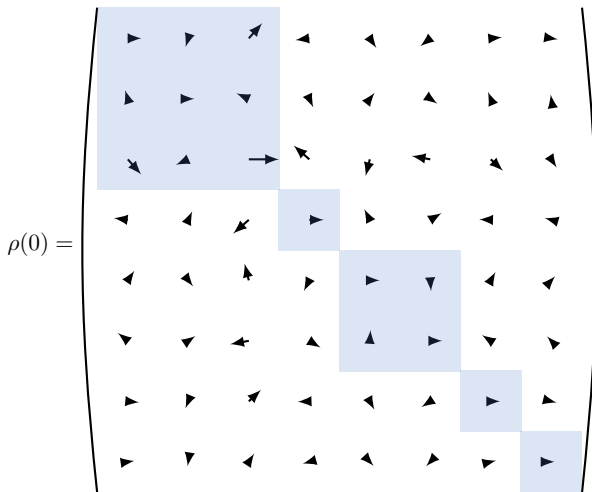
$$\overline{\text{Tr}[A \rho(t)]} = \text{Tr}[A \overline{\rho(t)}] = \text{Tr}[A \omega],$$

where

$$\omega := \sum_k \Pi_k \rho(0) \Pi_k$$

is the dephased state that maximizes the von Neumann entropy, given all conserved quantities (Π_k are the energy eigen projectors).

Time averaging



Maximum

Theorem

If $\text{Tr}[A \rho(0)]$
average

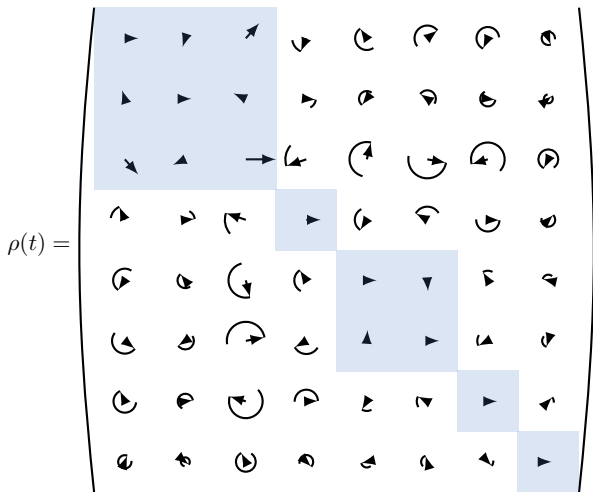
where

is the dep
all conser

time

given

Time averaging



Maximum

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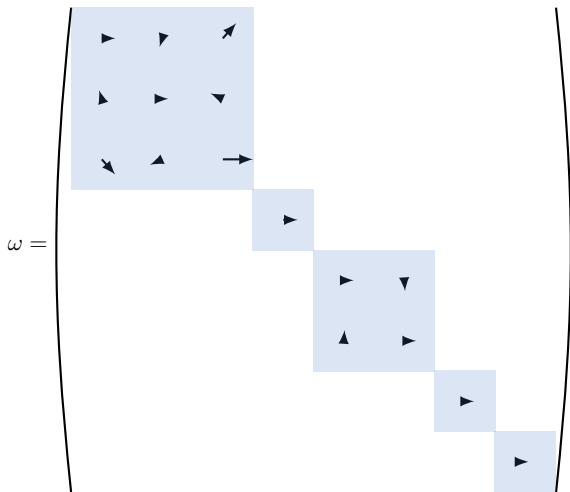
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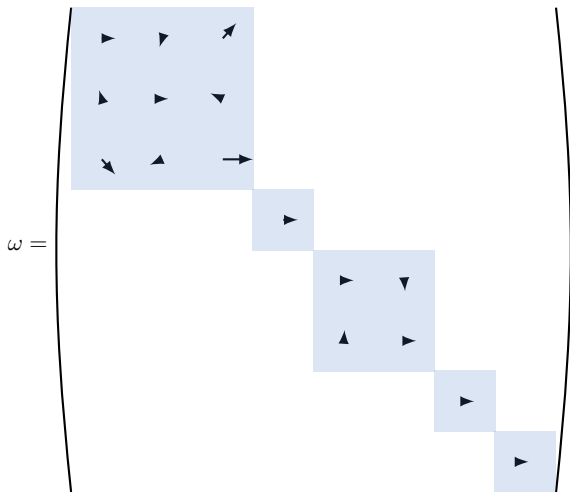
time

given

Time averaging



Time averaging



$\rho(0) \mapsto \omega$ is a pinching $\Rightarrow \omega$ maximizes entropy

Maximum entropy principle

Theorem (Maximum entropy principle [14])

If $\text{Tr}[A \rho(t)]$ equilibrates on average, it equilibrates towards its time average

$$\overline{\text{Tr}[A \rho(t)]} = \text{Tr}[A \overline{\rho(t)}] = \text{Tr}[A \omega],$$

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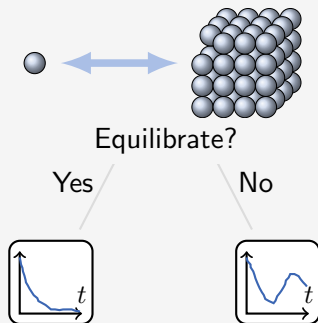
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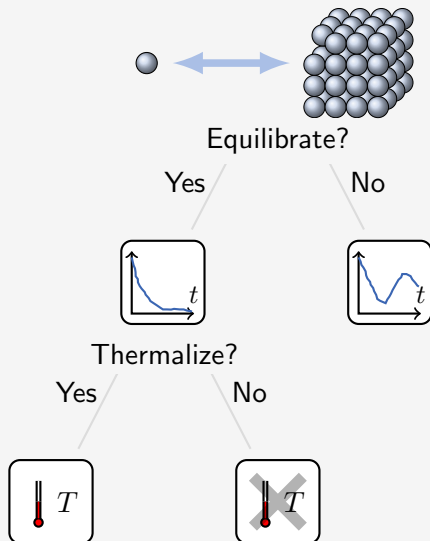
\Rightarrow Maximum entropy principle from pure quantum dynamics.

2 Thermalization

Thermalization



Thermalization



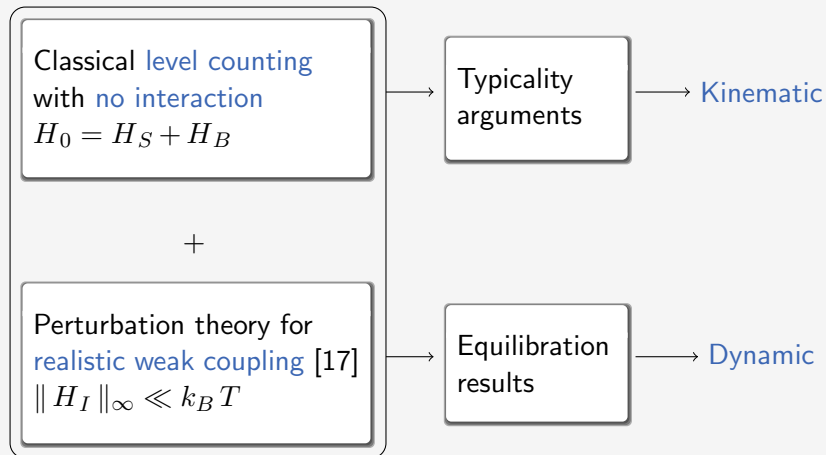
Thermalization is a complicated process

Thermalization implies:

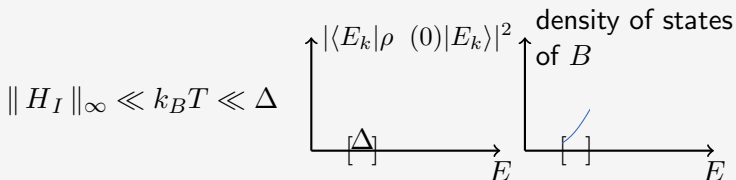
- 1 Equilibration [7–9, 23]
- 2 Subsystem initial state independence [14, 24]
- 3 Weak bath state dependence [17]
- 4 Diagonal form of the subsystem equilibrium state [12]
- 5 Thermal state $\omega^S = \text{Tr}_B[\omega] \approx g_{H_S}^S(\beta) \propto e^{-\beta H_S}$ [17]

-
- [7] M. Cramer, C. M. Dawson, J. Eisert, and T. J. Osborne, Physical Review Letters, 100.3 (2008), 30602
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 [24] A. Hutter and S. Wehner, Physical Review A, 87.1 (2013), 012121

Structure of the argument



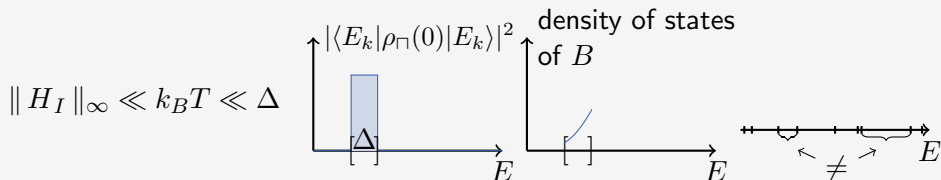
Conditions for thermalization



\Rightarrow “Theorem” (Thermalization [17])

(Kinematic) Almost all pure states from a microcanonical subspace $[E, E + \Delta]$ are locally close to a thermal state.

Conditions for thermalization

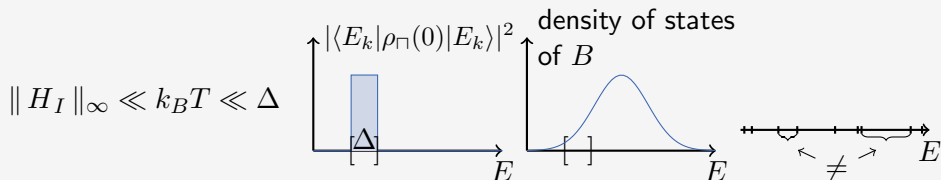


\Rightarrow “Theorem” (Thermalization [17])

(Kinematic) Almost all pure states from a microcanonical subspace $[E, E + \Delta]$ are **locally close** to a **thermal state**.

(Dynamic) All initial states $\rho_\Pi(0)$ locally equilibrate towards a **thermal state**, even if they are **initially far from equilibrium**.

Conditions for thermalization

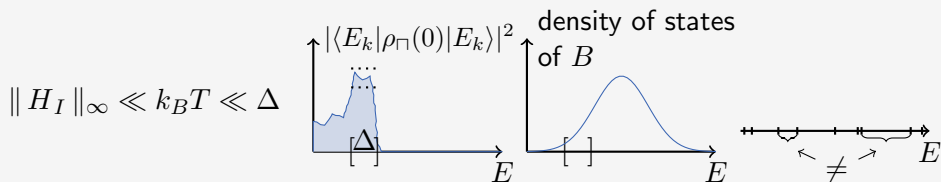


\Rightarrow “Theorem” (Thermalization [17])

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Conditions for thermalization



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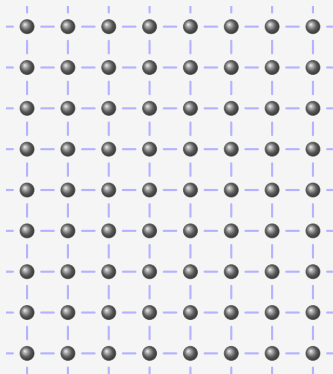
(Dynamic) All initial states $\rho_\square(0)$ locally equilibrate towards a thermal state, even if they are initially far from equilibrium.

3 Locality of temperature

The setting

- Local Hamiltonian (spins or fermions)

$$H := \sum_{\lambda \in \mathcal{E}} h_{\lambda}$$



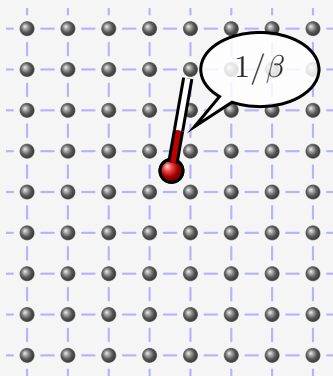
The setting

■ Local Hamiltonian (spins or fermions)

$$H := \sum_{\lambda \in \mathcal{E}} h_{\lambda}$$

■ Thermal state

$$g(\beta) := \frac{e^{-\beta H}}{\text{Tr}[e^{-\beta H}]}$$



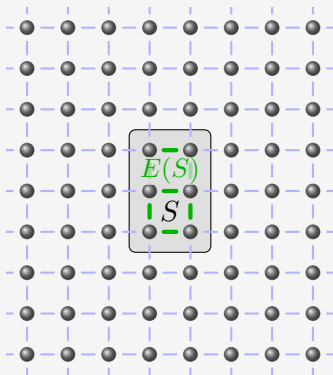
The setting

- Local Hamiltonian truncated to $S \subset V$

$$H_S := \sum_{\lambda \in \mathcal{E}(S)} h_\lambda$$

- Thermal state

$$\rho(\beta) := \frac{e^{-\beta H}}{\text{Tr}[e^{-\beta H}]}$$



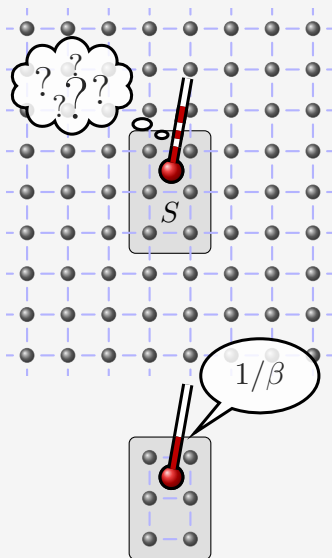
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The setting

- Local Hamiltonian truncated to $S \subset V$

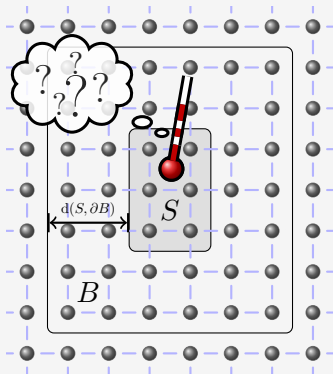
$$H_S := \sum_{\lambda \in \mathcal{E}(S)} h_\lambda$$

- Thermal state

$$g_B(\beta) := \frac{e^{-\beta H_B}}{\text{Tr}[e^{-\beta H_B}]}$$

- Introduce buffer region

$$\text{Tr}_{S^c}[g_B(\beta)] \approx \text{Tr}_{S^c}[g(\beta)] \text{ ?}$$



This can be made rigorous:

Generalized covariance

$$\text{cov}_\rho^\tau(A, A') := \text{Tr}[\rho^\tau A \rho^{1-\tau} A'] - \text{Tr}[\rho A] \text{Tr}[\rho A']$$

This can be made rigorous:

Generalized covariance

$$\text{cov}_\rho^\tau(A, A') := \text{Tr}[\rho^\tau A \rho^{1-\tau} A'] - \text{Tr}[\rho A] \text{Tr}[\rho A']$$

Theorem (Truncation formula [22])

For any observable $A = A_S \otimes \mathbb{1}$

$$\text{Tr}[A g_B(\beta)] - \text{Tr}[A g(\beta)] = \beta \int_0^1 \int_0^1 \text{cov}_{g(s,\beta)}^\tau(H_{\partial B}, A) \, \text{d}\tau \, \text{d}s ,$$

where $g(s, \beta)$ is thermal state of $H(s) := H - (1 - s) H_{\partial B}$.

This can be made rigorous:

Generalized covariance

$$\text{cov}_\rho^\tau(A, A') := \text{Tr}[\rho^\tau A \rho^{1-\tau} A'] - \text{Tr}[\rho A] \text{Tr}[\rho A']$$

exactly captures the response of local expectation values.

Theorem (Truncation formula [22])

For any observable $A = A_S \otimes \mathbb{1}$

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where $g(s, \beta)$ is thermal state of $H(s) := H - (1 - s) H_{\partial B}$.

Clustering of correlations

Theorem (Clustering of correlations at high temperature [22])

Let $J := \max_{\lambda} \|h_{\lambda}\|_{\infty}$, then for every $\tau \in [0, 1]$ and $\beta < \beta^*(J, \alpha)$

$$|\text{cov}_{g(\beta)}^{\tau}(A, A')| \leq C e^{-d(A, A') / \xi(\beta J, \alpha)}$$

with $\alpha = \alpha(\mathcal{E})$ the lattice animal constant.

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$$\implies \mathcal{D}(g^S(\beta), g_B^S(\beta)) \leq C' e^{-d(S, \partial B) / \xi(\beta J, \alpha)}$$

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$$\implies \mathcal{D}(g^S(\beta), g_B^S(\beta)) \leq C' e^{-d(S, \partial B) / \xi(\beta J, \alpha)}$$

\implies Local stability of thermal states

\implies Classical simulability with cost independent of total system size

A universal bound on phase transitions

Universal critical temperature

The critical temperature

$$\frac{1}{\beta^* J} = \frac{2}{\ln \left((1 + \sqrt{1 + 4/\alpha})/2 \right)}$$

upper **bounds** the physical **critical temperatures** of **all** possible models.

A universal bound on phase transitions

Universal critical temperature

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$$\frac{1}{\beta^* J} = \frac{2}{\ln \left((1 + \sqrt{1 + 4/\alpha})/2 \right)}$$

upper **bounds** the physical **critical temperatures** of **all** possible models.

Example: 2D square lattice ($\alpha \leq 4$ e)

- The bound:

$$1/(\beta^* J) = 2/\ln((1 + \sqrt{1 + 1/e})/2) \approx 24.58$$

- **Ising model** (ferromagnetic, isotropic) phase transition at:

$$1/(\beta_c J) = 2/\ln(1 + \sqrt{2}) \approx 2.27$$

Closing words

- New results giving insights into
- long-standing and fundamental questions
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Thank you for your attention!

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